2009年　スピードスケートタイムトライアル
Oct. 15, 2009　M-Wave

3000m (Q)

Pair	Lane	No	Name	200	600	1000	1400	1800	2200	2600	Time	Remark
1	IN	252	工藤　朋佳	00:21.87	00:56.43	01:32.21	02:08.86	02:45.87	03:23.14	04:01.08	04:39.37	
	OUT	247	江田　早規	00:21.79	00:56.48	01:32.66	02:09.65	02:47.76	03:26.66	04:05.98	04:45.56	
2	IN	268	久保　和乃子	00:22.44	00:57.26	01:33.42	02:10.84	02:49.01	03:27.68	04:06.70	04:46.88	
	OUT											
3	IN	212	田畑　真紀	00:20.35	00:51.73	01:24.09	01:57.28	02:30.75	03:05.09	03:39.51	04:14.43	
	OUT	217	石野　枝里子	00:20.75	00:52.95	01:25.75	01:58.61	02:31.75	03:05.53	03:39.93	04:14.45	
4	IN	213	穂積　雅子	00:20.62	00:51.78	01:23.71	01:56.31	02:29.62	03:03.89	03:37.55	04:12.04	
	OUT	216	大津　広美	00:21.01	00:52.95	01:26.08	01:59.66	02:33.57	03:07.96	03:42.78	04:18.05	
5	IN	202	石澤　志穂	00:21.09	00:53.51	01:27.00	02:01.49	02:36.14	03:11.27	03:46.33	04:21.81	
	OUT	233	松岡　芙容	00:21.46	00:54.18	01:28.03	02:02.55	02:37.44	03:12.39	03:47.81	04:23.16	
6	IN	224	高山　梨沙	00:21.09	00:53.49	01:25.96	01:59.47	02:33.13	03:07.83	03:43.22	04:18.70	
	OUT	210	名取　英理	00:21.03	00:52.84	01:25.47	01:58.80	02:32.94	03:07.77	03:43.00	04:17.37	
7	IN	236	高木　美帆	00:21.17	00:54.82	01:28.50	02:02.81	02:37.19	03:11.80	03:46.11	04:21.29	
	OUT	219	菊池　彩花	00:20.81	00:53.32	01:26.38	02:00.38	02:35.28	03:10.63	03:46.87	04:23.55	
8	IN	249	藤村　祥子	00:21.65	00:56.88	01:30.94	02:05.73	02:40.24	03:15.13	03:50.45	04:25.81	
	OUT	235	門　奈津実	00:21.31	00:54.87	01:28.95	02:03.28	02:38.13	03:13.83	03:49.83	04:26.71	
9	IN	226	川崎　みなみ	00:21.27	00:54.66	01:28.12	02:02.28	02:36.99	03:11.94	03:47.57	04:23.40	
	OUT	264	歸山　麻衣	00:21.56	00:54.84	01:28.60	02:02.84	02:38.01	03:13.76	03:50.20	04:27.31	
10	IN	263	松岡　三葉	00:21.69	00:56.37	01:32.01	02:08.31	02:44.64	03:21.12	03:57.86	04:34.89	
	OUT	265	小島　早織	00:21.66	00:54.47	01:28.18	02:02.80	02:38.47	03:14.84	03:51.91	04:29.52	
11	IN	256	藤村　あゆみ	00:21.50	00:55.75	01:30.27	02:05.07	02:39.95	03:15.11	03:50.33	04:25.67	
	OUT	261	太田　未奈美	00:22.17	00:57.18	01:33.27	02:09.83	02:46.60	03:23.69	04:01.68	04:40.01	
12	IN	260	白木　恵梨	00:22.04	00:57.19	01:33.71	02:10.67	02:47.68	03:24.85	04:03.43	04:42.68	
	OUT	237	遠藤　つぶら	00:22.08	00:56.14	01:32.72	02:10.21	02:48.39	03:26.81	04:05.74	04:44.56	
13	IN	121	黒岩　信充	00:20.25	00:51.27	01:22.65	01:54.78	02:27.25	03:00.27	03:33.39	04:05.75	
	OUT	125	黒岩　泰成	00:19.93	00:50.66	01:22.40	01:54.20	02:26.87	02:59.78	03:33.62	04:07.47	
14	IN	126	小林　忍	00:20.51	00:52.02	01:23.77	01:56.03	02:28.94	03:02.16	03:36.00	04:10.15	
	OUT	64	小野　翔太	00:20.51	00:52.99	01:25.67	01:58.27	02:31.32	03:05.07	03:39.98	04:15.91	
15	IN	149	日下部　将巨	00:19.47	00:47.79	01:20.46	01:51.79	02:23.29	02:55.35	03:27.99	04:01.52	
	OUT	83	山本　翔平	00:19.60	00:49.64	01:20.20	01:51.06	02:22.67	02:54.55	03:27.71	04:01.02	
16	IN	154	森　年成	00:20.37	00:52.04	01:23.80	01:55.75	02:27.41	02:59.37	03:31.02	04:03.47	
	OUT	144	山本　大貴	00:19.87	00:52.02	01:24.68	01:57.63	02:30.86	03:04.09	03:37.54	04:11.66	
17	IN	66	堀口　学	00:20.48	00:53.17	01:26.25	02:00.54	02:36.77	03:13.49	03:50.76	04:28.00	
	OUT	158	吉本　崇哉	00:20.58	00:53.14	01:25.99	01:58.97	02:32.44	03:06.44	03:41.16	04:16.60	
18	IN	155	佐藤　大地	00:21.05	00:54.77	01:29.44	02:05.37	02:42.44	03:19.71	03:57.00	04:33.49	
	OUT	84	小泉　貴昭	00:20.87	00:53.62	01:27.49	02:02.08	02:37.79	03:14.55	03:52.89	04:32.19	
19	IN	85	柳澤　清人	00:20.40	00:53.98	01:28.94	02:04.95	02:42.70	03:23.16	04:04.86	04:46.69	
	OUT											