

# The 19th M-Wave Speed Skating Championships

Day 1

Thursday 11 Feb.2021

as of 10 Jan. 2021

Category	Distance	Number of skaters	Series x time	Time		Planning	
				compet.	iceprepar.	start	end
Ice training(M-Wave)			1 x 30'00	30'00		7:10	7:40
Ice preparation					25'00	7:40	8:05
Warm up(M-Wave)			1 x 30'00	30'00		8:05	8:35
Ice preparation					25'00	8:35	9:00
Ladies	1500m	40	10 q x 04'00	40'00		9:00	9:40
	(Flower giving - L1500m)					9:40	10:20
SCHEDULE WITH ALL RESERVED							

Signature Referee Ladies:

Signature Referee Men:

## The 19th M-Wave Speed Skating Championships

Day 2

Friday 12 Feb.2021

as of 10 Jan. 2021

Category	Distance	Number of skaters	Series x time	Time		Planning	
				compet.	iceprepar.	start	end
Ice training(M-Wave)			1 x 30'00	30'00		7:10	7:40
Ice preparation					25'00	7:40	8:05
Warm up(M-Wave)			1 x 30'00	30'00		8:05	8:35
Ice preparation					25'00	8:35	9:00
Men	1500m	108	9 q x 03'40	33'00		9:00	9:33
Ice preparation (race lanes)					15'00	9:33	9:48
			9 q x 03'40	33'00		9:48	10:21
Ice preparation (race lanes)					15'00	10:21	10:36
			9 q x 03'30	32'00		10:36	11:08
	(Flower giving - M1500m)					11:08	11:50
SCHEDULE WITH ALL RESERVED							

Signature Referee Ladies:

Signature Referee Men:

# The 19th M-Wave Speed Skating Championships

Day 3

Saturday 13 Feb.2021

as of 10 Jan. 2021

Category	Distance	Number of skaters	Series x time	Time		Planning	
				compet.	iceprepar.	start	end
Ice training(M-Wave)			1 x 30'00	30'00		7:10	7:40
Ice preparation					25'00	7:40	8:05
Warm up(M-Wave)			1 x 30'00	30'00		8:05	8:35
Ice preparation					25'00	8:35	9:00
Ladies	500m	48	12 p x 01'45	21'00		9:00	9:21
Ice preparation (race lanes)					15'00	9:21	9:36
			12 p x 01'45	21'00		9:36	9:57
Ice preparation	(Flower giving - L500m)				22'00	9:57	10:19
Men	500m	90	15 p x 01'45	26'00		10:19	10:45
Ice preparation (race lanes)					15'00	10:45	11:00
			15 p x 01'45	26'00		11:00	11:26
Ice preparation (race lanes)					15'00	11:26	11:41
			15 p x 01'45	26'00		11:41	12:07
	(Flower giving - M500m)					12:07	12:50
SCHEDULE WITH ALL RESERVED							

Signature Referee Ladies:

Signature Referee Men:

# The 19th M-Wave Speed Skating Championships

Day 4

Sunday 14 Feb.2021

as of 10 Jan. 2021

Category	Distance	Number of skaters	Series x time	Time		Planning	
				compet.	iceprepar.	start	end
Warm up (for Long distances)			1 x 30'00	30'00		7:05	7:35
Ice preparation					25'00	7:35	8:00
Ladies	3000m	32	4 q x 06'10	25'00		8:00	8:25
Ice preparation (race lanes)					15'00	8:25	8:40
			4 q x 06'00	24'00		8:40	9:04
Ice preparation	(Flower giving - L3000m)				22'00	9:04	9:26
Men	3000m	60	5 q x 05'50	29'00		9:26	9:55
Ice preparation (race lanes)					15'00	9:55	10:10
			5 q x 05'40	28'00		10:10	10:38
Ice preparation (race lanes)					15'00	10:38	10:53
			5 q x 05'40	28'00		10:53	11:21
Ice preparation	(Flower giving - M3000m)				22'00	11:21	11:43
Men	5000m	20	5 q x 08'20	42'00		11:43	12:25
					03'00	12:25	12:28
Warm up (for Sprint distances)	(Flower giving - M5000m)		1 x 30'00	30'00		12:25	12:55
Ice preparation					20'00	12:55	13:15
Ladies	1000m	80	10 q x 02'50	28'00		13:15	13:43
Ice preparation (race lanes)					12'00	13:43	13:55
			10 q x 02'50	28'00		13:55	14:23
Ice preparation	(Flower giving - L1000m)				22'00	14:23	14:45
Men	1000m	144	12 q x 02'40	32'00		14:45	15:17
Ice preparation (race lanes)					15'00	15:17	15:32
			12 q x 02'40	32'00		15:32	16:04
Ice preparation (race lanes)					15'00	16:04	16:19
			12 q x 02'40	32'00		16:19	16:51
	(Flower giving - M1000m)						

SCHEDULE WITH ALL RESERVED

Signature Referee Ladies:

Signature Referee Men: