

## The 19th M-Wave Speed Skating Competition

Day 4

Sunday 14 Feb.2021

as of 13 Feb. 2021

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Warm up (for Long distances)				1 x 30'00	30'00		7:05	7:35
Ice preparation						30'00	7:35	8:05
Ladies	MW	3000m	27	7 q x 06'10	43'00		8:05	8:48
Ice preparation		(Flower giving - L3000m)				22'00	8:48	9:10
Men	MW	3000m	43	6 q x 05'50	35'00		9:10	9:45
Ice preparation (race lanes)						15'00	9:45	10:00
Men	MW	3000m		5 q x 05'40	28'00		10:00	10:28
Ice preparation		(Flower giving - M3000m)				22'00	10:28	10:50
Men	MW	5000m	21	3 q x 08'20	25'00		10:50	11:15
Ice preparation (race lanes)						15'00	11:15	11:30
Men	MW	5000m		3 q x 08'20	25'00		11:30	11:55
Warm up (for Sprint distances)		(Flower giving - M5000m)		1 x 30'00	30'00		11:55	12:25
Ice preparation						22'00	12:25	12:47
Ladies	MW	1000m	66	11 q x 02'50	31'00		12:47	13:18
Ice preparation (race lanes)						15'00	13:18	13:33
Ladies	MW	1000m		6 q x 02'50	17'00		13:33	13:50
Change system						05'00	13:50	13:55
Men	MW	1000m	108	5 q x 02'40	13'00		13:55	14:08
Ice preparation (race lanes)		(Flower giving - L1000m)				15'00	14:08	14:23
Men	MW	1000m		11 q x 02'40	29'00		14:23	14:52
Ice preparation (race lanes)						15'00	14:52	15:07
Men	MW	1000m		11 q x 02'40	29'00		15:07	15:36
		(Flower giving - M1000m)						
SCHEDULE WITH ALL RESERVED								